Revision: Six Point Action Plan

1. Positive state of mind e.g checking my motivation; giving myself positive messages; working on stress;
accepting the challenge. Things I will do to stay positive:
addepting the diamenger timigs to the teach persons.
2. Time e.g. going over my work from early in the year in different ways; organising a timetable, producing a
Priority organiser or Time circle; dealing with my excuses for not revising; using spare moments. I will:
2. Mariety and the improvement and the second and interesting ways of going over my material. Lyvilly
3. Variety e.g. working in many short spells; using varied and interesting ways of going over my material. I will:
4. Over-learning e.g. rewriting notes, index cards, new essay plans, memory triggers. I will:
4. Over-learning C.B. rewriting notes, mack cards, new essay plans, memory trippers. 7 will
5. Practice e.g. doing past questions; working under exam conditions; having a trial run. Iwill:
or reading and pass quastions, working areas and continued, wasting a second residence of the continued and contin
6. Selection What topics will I revise? What level of detail can I really use under exam conditions? I will:

What to do: Look at each of the points on the revision action plan and write down one or two actions under each point. Once you have some actions use them; they will make a difference and you will see an improvement in your revision.