

Revision: Six Point Action Plan

1. **Positive state of mind** e.g. checking my motivation; giving myself positive messages; working on stress; accepting the challenge. *Things I will do to stay positive:*

2. **Time** e.g. going over my work from early in the year in different ways; organising a timetable, producing a Priority organiser or Time circle; dealing with my excuses for not revising; using spare moments. *I will:*

3. **Variety** e.g. working in many short spells; using varied and interesting ways of going over my material. *I will:*

4. **Over-learning** e.g. rewriting notes, index cards, new essay plans, memory triggers. *I will:*

5. **Practice** e.g. doing past questions; working under exam conditions; having a trial run. *I will:*

6. **Selection** What topics will I revise? What level of detail can I really use under exam conditions? *I will:*

What to do: Look at each of the points on the revision action plan and write down one or two actions under each point. Once you have some actions use them; they will make a difference and you will see an improvement in your revision.